



Orana Heights Public School – P & C Canteen Menu

Preferred method of lunch orders are:

ONLINE orders via Flexischools www.flexischools.com.au



Online orders to be submitted before **9:30am (full menu) or 10:00am (limited menu)**

For ALL ONLINE ORDER issues contact Flexischools at: www.flexischools.com.au

or you can ring them on 1800 361 769 (8am-12pm) weekdays.

Wraps (Term 1 & 4)

Ham salad (lettuce, carrot, cheese and beetroot)	\$7.00
Chicken salad (lettuce, carrot, cheese and beetroot)	\$7.00
Salad (lettuce, carrot, cheese and beetroot)	\$7.00
Chicken, lettuce and mayonnaise	\$7.00

Salad Boxes (Term 1 & 4)

Chicken or Ham or Egg (lettuce, carrot, cheese, beetroot, cucumber, corn, tomato, capsicum and pineapple)	\$8.00
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Burgers

Chicken, cheese and mayonnaise	\$5.00
Chicken, lettuce and mayonnaise	\$5.00

Lunch-Hot Food

Tomato sauce	\$0.80
Chicken Tenders - Packet of 3 only	\$6.00
Light VHB snack pie (85g)	\$3.50
Light VHB sausage roll (120g)	\$5.00
Traveller beef pie (160g)	\$5.00
Pizzetti (meatlovers)	\$5.00
Beef Lasagne (200g)	\$5.00
Spaghetti Bolognese (200g)	\$5.00
Macaroni cheese (200g)	\$5.00
Omelette - plain	\$4.00

Lunch - Sandwiches

Sandwich bread, GF Available, fresh or toasted.

Bread rolls available for \$1 extra

Honey or jam or Vegemite	\$3.00
Vegemite and cheese	\$3.50
Cheese	\$3.50
Cheese and tomato	\$3.50
Cheese, carrot and lettuce	\$3.50
Egg (plain or curried)	\$3.50
Egg and lettuce	\$4.00
Egg and salad	\$6.00
Ham	\$3.50
Ham and cheese	\$4.00
Ham and tomato	\$4.00
Ham, cheese and tomato	\$4.50
Ham and salad	\$6.00
Chicken	\$4.00
Chicken and mayonnaise	\$4.00
Chicken and cheese	\$4.50
Chicken, cheese and tomato	\$4.50
Chicken, lettuce and mayonnaise	\$4.50
Chicken and salad	\$6.00
Salad sandwich (lettuce, tomato, carrot, beetroot, cucumber and cheese)	\$5.00



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Birthday Buckets

Infants (Kinder - Yr 2)	\$25.00
Primary (Yr 3 - Yr 6)	\$30.00
Class 3/6W (only)	\$20.00
Classes K-6C & K-6M (only)	\$10.00

Birthday child receives a balloon & card to take home.

Recess - Food cannot be ordered

Assorted options available daily.

Hot food from 50c. Cold food from \$1.50

Snacks

Red Rock Deli sea salt chips	\$2.00
Piranha popcorn	\$2.00
Fresh fruit	\$1.50



Lunchtime ONLY ice blocks

Slush Puppie - medium	\$4.00
Bulla light vanilla cup	
(only available in Term 2 and 3)	\$2.00
Paddle Pop (only available in Term 2 and 3)	\$2.50
Twisted frozen yoghurt	
(only available in Term 1 and 3)	\$3.00
Buzz lightyear ice block	\$2.50
Ice money triangles	\$1.50
Ka - bluey snap stix ice block	\$1.50
Berri ice block	\$1.00

Drinks

Water	\$2.50
Chocolate or strawberry milk 300ml	\$3.00
Plain milk popper 200ml	\$2.50
Orange juice 250ml	\$3.00
Apple juice 250ml	\$3.00
Apple and blackcurrant juice 250ml	\$3.00
Chill J 250ml	\$3.00
OHPS reusable drink bottle	\$3.00

Lunch Orders – not on Flexischools

Supply your own bag or buy one from the canteen (10c).

Write your child's name and class, then list the items and their total cost at the bottom. Clearly note any allergies on the bag.

If there is change to be given it will be sticky taped on the lunch bag.

[Place inside box outside of canteen before 9am.](#)