



Orana Heights Public School



Annie Munro, Principal (R)

Excellence, Opportunity and Success in a caring School.

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Term 2 Week 10

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Tuesday 23 June 2015

Principal's Message

Quote of the Week: "Satisfaction is in the effort, not in the attainment. Full effort is full victory" Mahatma Gandhi

As the end of Term Two comes to a close it is a good time to reflect on how much we have achieved so far in 2015. Kindergarten students have already become accustomed to their school routines and the way of school life. It is amazing to see how much they have developed in 20 weeks. Other students have been involved in activities far too long to list!

In our "back" car park we have a number of Disabled Car spots. Sadly we have able bodied students and families using these places both morning and afternoon. Those places are reserved for those who require the closer access to school. We ask you respect these car parks and walk the extra few metres into school.

Our Kindergarten packages for 2016 enrolments are available at the front office. If you know of any family who are to start their child at our school next year, please encourage them to enrol early so they are a part of all communication in getting their child ready for school.

Staff will return to school on 13 July to continue with their professional development. We look forward to students returning on 14 July safe and refreshed. Annie Munro, Principal (R)

Premier's Reading Challenge

Three more primary students have completed their Challenge! That's great news. Hearty congratulations go to Abby Duce, Kambell Ross and Ruofei Yan.

Remember to keep registering your books to ensure you finish by the August 30 deadline. Stage 3 students have 20 red or blue dot books to read, Stage 2 students have 20 yellow dots to complete, while the K-2 children need to read/share/listen to 30 green dot books.

All library books need to be returned by this Thursday please. Reminder slips will be given to students with outstanding loans during this week's library lessons. Your cooperation is greatly appreciated. *Happy reading in the break! Mrs Thomas*

Appeals for Placement for Year 7 - Please note the closing date for any further appeals for placement for Yr 7 2016 is this Friday 26 June, 2015.



Orana Heights Public School - Medal Winners

Congratulations to Jesse Trindall & Cooper Bourke who received their medals at our last assembly.

This is the highest welfare award received at Orana Heights Public School.

Congratulations Jesse & Cooper.

Farewell & Happy Retirement Mrs Mac.

We will miss you heaps!

Term 2 - 2015 Planner

Week	Monday	Tuesday	Wednesday	Thursday	Friday
10 June	22	23	24 2.30 – 3.30 Uniform Shop	25 9-9.30 Uniform Shop Kinder Mystery Tour	26 Last Day Term

Term 3 - 2015 Planner

Week	Monday	Tuesday	Wednesday	Thursday	Friday
1 July	13 Staff Development Day	14 Students Return	15 2.30 – 3.30 Uniform Shop	16 9-9.30 Uniform Shop	17
2 July	20	21 Touch Gala Day	22 2.30 – 3.30 Uniform Shop	23 9-9.30 Uniform Shop 1.30pm AECG Mtg	24
3 July	27	28	29	30	31

Congratulations to the following Award Winners

Honour Awards

Denise Villanueva	Jack Holden x2	Harrison Sanders	Toby Pay	Jessica White
Bhoomi Sagar	Chloe Richards	Matilda Keller	Lucy Pobje	Brianna Sayers
Lakeisha Mackay	Kady Lake	Lucas Letfallah	Jesse Trindall	Brodie Alchin Wheeler
Jacob Clarke x2	Jacob French	Patrick Watters x2	Olivia Tisdell	Mahkenzie Harper
Chelsea Edwards	Brooke Stiles x2	Campbell Stewart x2	Olivia Mann	Liam Cornwell
Connor Miller	Jane Davis x3	Zachariah Starr x2	Hailey Johnson	Cooper Donovan
Shanaya Button	Caiden Ah See	Nicole Blenkiron	Kate Davis	Patrick Gibson
Bree-anna Barwick	Allira Markcrow	Matthew Chapman x2	Braydan Green	Sovanah Doherty x2
Hailey Johnson	Brianna Knox	Riley Chapman	Bailey Petrie	Lachlan Donovan
Coby Read	Nate Fuller	Shyneaka Clarke	Hayley Hawke	McMahon x2
Isaiah Newton-Ley	Panayiota Haralampopoulos		Jayden Adams-Wells x2	

Distinction

Kady Lake	Shanaya Button	Kate Davis	Jaiden Pearce	Oliver Luckie
Jesse Trindall	Kambell Ross	Jesse Trindall	Matthew Adkins	Katie Nissen
Denise Villanueva	Nicole Blenkiron	Cooper Donovan		

Medal

Jesse Trindall Cooper Bourke



**Uniform shop
will be open on
Saturday 4 July
2015
10am to 12noon**

Canteen Roster	
Wed 24 June	Lyn Cockrum
Thurs 25 June	
Friday 26 June	Danielle Miller
Monday 13 July	Staff Development Day
Tues 14 July	Simone Forrester

Canteen News - Meal Deal - Term 3

Monday - Mamee Chicken Noodle Cup
Tuesday - Wedges & Melted Cheese
Wednesday - Pizza Slab - Hawaiian or Meatlovers
Thursday - Traveller Pie
Friday - Spaghetti Jaffle

All served with popper & a choice of either:

- Piece of Fruit
- Choc Chip Cookie
- Water Icy Pole
- Do not forget to indicate which choice you would like.

Eat It To Beat It Workshop

Camilla Barlow, from the NSW Cancer Council, visited our school last Wednesday and presented an EAT IT TO BEAT IT WORKSHOP to a group of enthusiastic parents. Topics covered included meal planning and catering for fussy eaters. She has also sent us some snack ideas you might like to try and some information about the website. Camilla will return to school to do a presentation at this year's Kinderstart program.

Cancer Council NSW Nutrition Snippet

The simplest way

...to make a healthy breakfast.

We recommend eating two serves of fruit and five serves of vegetable every day.

Why? Because fruit and veg are packed full of nutrients and vitamins that give you energy, keep you healthy and help prevent diseases like cancer.

Try to get your family eating fruit and veg with breakfast – it will help all of you have more energy throughout the day.

You might like:

- wholegrain toast with avocado and tomato
- sliced banana on Weetbix
- frozen berries blended with reduced-fat milk and yoghurt for a smoothie.

For more information visit www.eatittobeatit.com.au or join us at [facebook.com/eatittobeatit](https://www.facebook.com/eatittobeatit)

The Eat It To Beat It program is supported by the Western Sydney Local Health District Live Life Well @ School Program.

NSW Health Western Sydney Local Health District

Eat It To Beat It

Cancer Council NSW Nutrition Snippet

The simplest way

...to make ice blocks.

Summer afternoons are hot and sticky in Australia, and kids come home from school tired and hungry. Get them eating fruit with these super easy, fruit-filled ice blocks ...

Place any combo of finely diced fruit into moulds like: mango, blueberries, strawberries, watermelon, rockmelon, kiwifruit, drained canned peaches, apricots or pineapple in natural juice, or passionfruit pulp. Top with a fruit juice of your choice then freeze until solid – at least 4 hours, or overnight.

For more information visit www.eatittobeatit.com.au or join us at [facebook.com/eatittobeatit](https://www.facebook.com/eatittobeatit)

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NSW Health Western Sydney Local Health District

Eat It To Beat It

Cancer Council NSW Nutrition Snippet

The simplest way

...to make Blueberry + Banana bread

Ingredients
olive or canola oil spray
3 ripe bananas, peeled
¼ cup raw sugar (60g)
½ cup reduced-fat milk
2 eggs
2 cups self-raising flour
1 tsp ground cinnamon
1 cup frozen blueberries

Method
Preheat oven to 220°C and spray a 20 x 10cm loaf tin with oil - line base and sides with non-stick baking paper. Mash bananas in a large bowl. Add sugar, milk and eggs and mix with a fork until well combined. Sift flour and cinnamon on top of mixture. Mix ingredients together until just combined, taking care not to over-mix, then gently fold through blueberries. Spoon mixture into prepared loaf tin and smooth the surface. Bake for 35-40 minutes, or until a skewer comes out clean from the middle.

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Eat It To Beat It

Macquarie Regional Library Holiday Activities

There's Snow Place like the Library these holidays for frosty holiday fun. Join in a Penguin Parade or Lego Animation with activities for 5-12 years. Get more information in your local Macquarie Regional Library or at <http://macquarieregionallibrary.boswebsystems.com/KidsandTeens/school-hols-dubbo> Bookings are essential and open on Monday 15th June.

ComicsCRAFT is a fun comics weekend on Friday 10 and Saturday 11 July. ComicsCRAFT has something for everyone 9 years and over – professional comics artists/writers/publishers will present interactive workshops and talks for 9-adult – something for the whole family. Check out all the details and book online at <http://www.mrl.nsw.gov.au/comicscraft> Bookings for ComicsCRAFT are essential and are now open.

Laura Kelly, Young People's Services Coordinator, Macquarie Regional Library

Phone: 6801 4510 Fax: 6801 4529 E laura.kelly@mrl.nsw.gov.au

Kids' Club - A five day kid's club will be held from Monday 6th July to Friday 10th July (9.30am to 12 noon) at Orana Baptist Church Hall, 4 Palmer Street. Our theme is "Animal Adventures" and caters for children aged 5 -12 years. Enjoy games, stories, songs, and craft. Cost is \$5 per day (\$20 for the week). Ask about special rates for larger families. Spaces are limited. Enquiries to Julie on 0458 402 224 or 6882 4369.

Dubbo Neighbourhood Centre.

The Dubbo Neighbourhood Centre has an amazing program for immigrants who are new to Australia. If you need help with navigating local services, knowledge of Conversational groups or something else, feel free to give me a call on 6882 2100.



Kindergarten Mystery Tour

Reminder the Kinder excursion will be this Thursday 25th June.



KINDERGARTEN PACKAGES 2016

Kindergarten packages are now available from the school office.

If you know any family wishing to enrol their child into Kindergarten in 2016 please let them know.



STAGE 3 SYDNEY EXCURSION

Just a reminder that instalments can be made either online via the school website, Eftpos, cash or cheque.

The total cost of the excursion must be finalised by **Friday August 21 2015**.

Nationally Consistent Collection of Data on School Students with Disability Notification for Parents and Carers

From 2015, all Government and non-Government schools across Australia are required to participate annually in the Nationally Consistent Collection of Data on School Students with Disability (NCCD).

All Australian schools will collect data on their students who are receiving adjustments to meet additional learning and support needs in accordance with their obligations under the *Disability Discrimination Act 1992* and *Disability Standards for Education 2005*. This data will be provided to the Australian Government to assist in the development of a consistent, national picture of the education needs of students with disability.

The data provided to the Australian Government by the NSW Department of Education and Communities is provided in such a way that it cannot be used to identify any individual student or school.

General information about the national data collection can be found on the Australian Government Department of Education and Training website at:

<http://education.gov.au/fact-sheets-nationally-consistent-collection-data-school-students-disability>.

Privacy Protection

The NSW Department of Education and Communities follows the requirements of the *Privacy and Personal Information Protection Act 1998* and the *Health Records and Information Privacy Act 2002*. Schools will collect, record, store and use data about individual students in line with these requirements. Data security and protection is a priority and students' personal details will be kept confidential.

Under Clause 52 of the Commonwealth *Australian Education Regulation 2013*, data collected by the NSW Department of Education and Communities for the NCCD must be provided to the Australian Government Department of Education and Training. This includes the number of students at each level of education, the number in each category of disability and the number at each level of adjustment. The information is provided to the Commonwealth as a series of number sets that cannot be used to identify any individual student or school.

The Australian Government Department of Education and Training follows the requirements of the Commonwealth *Privacy Act 1988* when handling any data provided by NSW Department of Education and Communities in connection with the national data collection. A privacy notice has been developed to by the Australian Government to provide students, parents and carers with important privacy information in relation to the data collection. This notice is available on the department's website at:

<http://education.gov.au/notices>

If you have any questions about the data collection please do not hesitate to contact Annie Munro on 6884 9188.